



## Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik

### LIST OF RESEACH ACTIVITIES - FACULTY AND PH.D. STUDENT

Sr. No	Name of Student / Faculty	Designation	Research Subject / Title	Category	Sanctioned Authority	Academic Year	Name of Ph.D. Center	Research Status
1	Dr. Aparna Raut	Professor - Shalya Tantra	Open Label, Single Center, Prospective study to assess the efficacy of Rajapravartani Vati in the treatment of PCOS	Faculty	Long Term Research Grand Projrect MUHS, Nashik	2015-16 & 2018-19	-	Completed
2	Dr. Aparna Raut / Dr. Shailaja Chondikar	Professor - Shalya Tantra & Professor - Rasashastra & B.K.	Open Label, Single Center, Prospective study to assess the efficacy of Herbal formulation for immunity boosting during COVID-19 pandemic	Faculty	CTRI	2020-21	-	Ongoing
3	Dr. Vaibhav Phartale	Associate Professor - Kayachikitsa	A randomized control trial on effectiveness of poly herbal formulation in the management of hypo thyrodism	Ph.D. Student	MUHS, Nashik	2017-18	SSAM&H, Nashik	Ongoing
4	Dr. Somdatta Kulkarni	Professor - Kayachikitsa	A randomized control clinical trial to evaluate the efficacy of asanadi ganaquath ghanavati in the management of Dyslipidemia	Ph.D. Student	MUHS, Nashik	2017-18	CSMSS Ayurved College, Aurangabad	Ongoing
5	Dr. Kavita Patil	Associate Professor - Kayachikitsa	Comparative open label prospective phase II, clinical study to evaluate efficacy and safety of tablet rubyclin - poly herbal formulation and Jeevantyadi yamak in ek kushta w.s.r. to psoriasis	Ph.D. Student	MUHS, Nashik	2013-14	ASS, Nashik	Ongoing

6	Dr. Amol Deshmukh	Associate Professor - Shalaky Tantra	Efficacy of sankh bhasma and bibhitakasthi majja Anjan with madhu on avrana shukra w.r.t. corneal opacity in animal model	Ph.D. Student	MUHS, Nashik	2017-18	GAC Nagpur	Ongoing
7	Dr. Pritam Pawale	Associate Professor - Dravyaguna	Comparative effect of Adiantum lunulatum Burm and Desmodium triflorum (linn.) DC as a Hamsapadi in prophylyhiouracil induced hypothyroidism in rats.	Ph.D. Student	MUHS, Nashik	2019-20	ASS, Nashik	Ongoing
8	Dr. Vishal Khandre	Assistant Professor - Kriya Sharir	The Efficacy study to evaluate the effect of rag bihag to improve quality of nidra w.s.r. to alpanidra	Ph.D. Student	MUHS, Nashik	2019-20	SSAM, Hadapsar	Ongoing
9	Dr. Mrutunjay Sharma	Professor - Kayachikitsa (Shri Ayurved College, Nagpur)	Effectiveness on Dosh Shamak herbs of shamak yoga on essential hypertension in comparison with shamak yoga w.s.r. to doshanubandha - randomized control trial	Ph.D. Student	MUHS, Nashik	2017-18	SSAM&H, Nashik	Ongoing
10	Dr. Rohini Chavan	Student	Study of effect of Narsinha Rasayana vati in Khalitya	Ph.D. Student	MUHS, Nashik	2017-18	SSAM&H, Nashik	Ongoing
11	Dr. Suraj Ishwar Shirsat	Associate Professor - Kayachikitsa (MES ayurved college chiplun)	Randomized controlled trial of palash pushpa arka as an ass on effect in the management of madhu meha w.s.r. type	Ph.D. Student	MUHS, Nashik	2019-20	SSAM&H, Nashik	Ongoing

12	Dr. Mangesh Dilip Malpe	Assistant Professor - Vidharbha Ayu College, Amaravati	A comparative clinical study of mehamudgar vati and triphala vati along with "Oha" in the management of Prameha w.s.r to type II diabetes	Ph.D. Student	MUHS, Nashik	2019-20	SSAM&H, Nashik	Ongoing
13	Dr. Mohit Ashok Pandit	Student	Clinical evaluation of rohitakadi vati in prameha w.s.r. to type-2 diabetes mellit us – A randomized placebo control trial	Ph.D. Student	MUHS, Nashik	2019-20	SSAM&H, Nashik	Ongoing
14	Dr. Kaveri Kiran Shinde	Assistant Professor - Kayachikitsa	Effect of a polyherbal formulation in uncontrolled primary hypertention - a prospective open label clinical study	Ph.D. Student	MUHS, Nashik	2019-20	SSAM&H, Nashik	Ongoing
15	Dr. Rasika Neminath Ruikar	Student	The Clinical Assessment between Punarnavadi choorna & cap Orlistat in Obesity - A Randomized Control Trial	Ph.D. Student	MUHS, Nashik	2019-20	SSAM&H, Nashik	Ongoing
16	Dr. Varsharani Arjun Choudhary	Associate Professor - Kayachikitsa (SMBT Ayurved College, Igatpuri)	Randomized control clinical trial to study the efficacy of thyro compound in the management of sub clinical hypo thyrodism	Ph.D. Student	MUHS, Nashik	2019-20	SSAM&H, Nashik	Ongoing